

**MEDICAL CERTIFICATE****APPLICANT'S PERSONAL PARTICULARS (USE BLOCK LETTERS)**

Full name .....

Date of birth ...../...../..... Telephone number/s Work ..... Home.....

Address.....

Type and grade of certificate .....

Do you suffer from epilepsy, diabetes, pulmonary tuberculosis, heart disease, hearing disabilities or any other disease or physical deformity that would interfere with your duties at sea? YES/NO (\*delete where inapplicable)

If YES, provide details .....

.....

.....  
Signature of Applicant**STATEMENT BY QUALIFIED MEDICAL PRACTITIONER****(see reverse side for relevant notes)**

I certify that I have examined ..... and that this person meets the requirements detailed on the reverse side of this certificate.

Proof of identification (birth certificate/passport/driver's licence) sighted Yes  No 

Remarks:.....

.....

.....

.....

Signature of Doctor ..... Date of Test ...../...../.....

Name of Doctor ..... Telephone No. ....

Address: ..... Provider No. ....

This form is to be returned to:  
 Marine Safety Branch, Department of Lands and Planning,  
 GPO Box 2520, DARWIN NT 0801  
 PHONE: (08) 8924 7100

## MEDICAL FITNESS GUIDELINES

In addition to normal fitness standards, the following conditions are specified to ensure the person can perform the relevant duties on a commercial vessel without creating an unacceptable risk to him/herself, other members of the crew or the safe operation of the vessel. This section applies to all grades of certificates.

1. **Hernia** – No condition of hernia unless satisfactorily corrected by a curative operation.
2. **Speech** – Applicants speech should be clear and without hesitation such that orders can be communicated effectively to other crew during times of emergency.
3. **Hearing** – The whispered voice, a watch, or other proven tests should test hearing ability. However, where there is doubt as to the fitness of a person, testing should be conducted by means of an audiogram. When an audiogram is used the hearing requirements are:
  - (a) Hearing loss in each ear shall not be greater than 20 decibels (AMA Standard) for the frequencies of 500 Hz, 1000 Hz and 2000 Hz.
  - (b) Where hearing level is less than the above standards, hearing aids may be accepted, providing the above levels can be reached when using the aid.
4. **Artificial limbs** – Artificial limbs shall not interfere with the normal duties the holder of the certificate would be expected to perform and each case will be considered by an Authority on its merit.
5. **Cardiac pacemaker** – A person with a cardiac pacemaker shall not serve on a vessel unless a medical practitioner, taking into account the nature of the disease and the reliability of the pacemaker, provides a statement that the person can undertake the normal duties the holder of the certificate would be expected to perform, and that the safe operation of the vessel will not be affected.
6. **Epilepsy** – A person with confirmed, current epilepsy, irrespective of control medications shall not serve on a vessel.

A person with a past history of epilepsy, including febrile convulsions as a child, a single seizure or cluster of seizures due to exceptional and non-repeatable circumstances, who has demonstrated a seizure free period of two years while not on any anticonvulsant medication is fit for service in a vessel.
7. **Diabetes** – A person suffering from insulin dependent diabetes may be approved to serve on a vessel providing a medical practitioner provides a statement that the person is managing the diabetes effectively.
8. **Tuberculosis** – A person who has been affected by pulmonary tuberculosis shall not serve on a vessel unless the disease is controlled or has been inactive in that person for at least the previous six months.

**PERIOD OF VALIDITY** A certificate of medical fitness shall be valid from the date of issue for a period specified on the certificate provided it is no more than 2 years from the date of examination.

**INITIAL EXAMINATION** Some applicants (particularly young persons or new entrants) may be considering a career at sea. It would be in the interests of industry and the applicant if he/she was advised of any likely future medical problems which could affect his/her continued career in the industry.